

When I lift up my eyes “what do I see”

All Scripture is KJV: Psalm 121:1-8

INTRODUCTION: WHAT DOES THE BIBLE HAVE TO SAY

Again we find ourselves in the Book of Psalms this morning.

The Psalms are a great source of information about God, and what he planned to do for His creation.

It is truly a narrative of an endless source of information about the promises of God.

It is also an endless source of reference to Jesus in the OT.

- The book of Psalms is the most quoted of all the books in the NT by Jesus and the apostles.
- Last week I mentioned this Psalm in passing, but I thought that it needed to be more than just mentioned. I think it deserves to be preached because firstly it is the LORDS Word and secondly it brings great comfort when you realise its content in light of who the LORD is.
- This is a Psalm which not only deserves its mention in the OT but it also has a place in the NT as it's the whole council of the LORD that we must consider.

Take a look.....

Psalm 121 King James Version (KJV)

1 I will lift up mine eyes unto the hills, from whence cometh my help.

2 My help cometh from the LORD, which made heaven and earth.

1. **How many of us** have quoted this or recited this psalm to ourselves during the course of our Christian lives.
2. **How many of us** have quoted this psalm and not really knowing that we were speaking to Jesus?
3. **I don't think** that many people who are Christians realize that the LORD quoted here is Jesus.

³ He will not suffer thy foot to be moved: **he that keepeth thee** will not slumber.

1. The reference here to he that “keepeth thee” is a direct reference to salvation.
2. It is speaking about how that Jesus the LORD will keep your soul safe with Him until such time as we return with Him at His second coming.
3. Even those that are from the salvation days of “the Israelites” who believed in Him will he “keep” safe until he comes again.

4 Behold, he that keepeth Israel shall neither slumber nor sleep.

5 The LORD is thy keeper: the LORD is thy shade upon thy right hand.

6 The sun shall not smite thee by day, nor the moon by night.

7 The LORD shall preserve thee from all evil: he shall preserve thy soul.

1. When the reference is made to the LORD preserving your soul it tells us that this is about salvation.
2. The bible says “the Lord is not slack concerning His promises as we see in 2 Peter 3:8-10.

1 Peter 2:24-25 King James Version (KJV)

24 Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

25 For ye were as sheep going astray; but are now returned unto **the Shepherd and Bishop of your souls.**

8 The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.

1. The question rather than an answer is asked by the Psalmist in verse 1. He is asking the question like this?
 - ✓ “When I look at the hills.....these great and magnificent hills. I am looking for the answer for someone to help me.....because behind these great and might hills or mountains lies something even greater and more magical than this creation.
2. Because he says.....if there is a creator who can create such a mighty arrangement and show of hills.....then surely this creator can provide a greater source of comfort or help for me in a time of need.
 - He asks the question: From where does my help actually come from?
 - Then he finally answers his own question, by admitting that in verse 2.
 - ✓ ² My help cometh from **the LORD, which made heaven and earth.**
3. He is acknowledging that it is **“The LORD”**.
4. Not only does he say that it is the LORD. But he says that “It is the LORD which made **“heaven and earth”**”.
5. The picture moves from that of the “making of the hills” to an even bigger picture of that of the “making of heaven and earth”.

You see the psalmist was not just looking from a narrow perspective on things but he was looking at the greater picture.

He knew that it was the LORD who was overall responsible for this creation. And it was to this "LORD" that he was now turning to for his help!

- **Who do you turn to.....in a time of need when you need help?**
- You see.....when situations in life become so desperate a lot of people and maybe even Christians don't turn to the LORD.
- And maybe that's our problem too.
- Maybe we don't realize that the Lord can help us.

Remember this was an OT quotation from the psalmist. He was calling upon the LORD.

- As we now know that this same LORD in the OT is none other than Jesus Christ of the NT manger.
- This same Jesus is the creator of heaven and earth. Who is in the Godhead of creation as we read in Genesis 1:26.

Genesis 1 King James Version (KJV)

1 In the beginning **God created the heaven and the earth.**

2 And the earth was without form, and void; and darkness was upon the face of the deep. And the **Spirit of God moved upon the face of the waters.**

26 **And God said, Let us make man in our image, after our likeness:** and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.

27 **So God created man in his own image, in the image of God created he him; male and female created he them.**

✓ This same LORD in Psalm 121 who is the creator of heaven and earth is the "same God" of creation mentioned in Genesis.

1. **When the Psalmist lifted up his eyes what did he see?**
2. **He saw the hills**, and that made him see the creator and reflect on the LORD.
3. When we look at the great wonders of the world we should see the hand of the LORD in them. And it should make us realize that we too can turn to the LORD for our help.
4. Like Psalm 23.....the LORD is my shepherd "I shall not want".
5. Unlike the unbeliever who has no hope in evolution?

- ✓ Jesus is not slack concerning His promises.
- ✓ What the psalmist said in psalm 121:3-8 is true.

CLOSE IN PRAYER.....